

F/D Cruise to Saronic Gulf Islands



AKTINA S.A.

26, FILELLINON STREET – 10558 ATHENS – GREECE
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Indoor lounges and dining room

There are 3 indoor multi-purpose lounges on the ship which meet the demands of our passengers whether focusing on pleasure or fun. All lounges are fully air-conditioned for a comfortable stay during every season and can cater up to 340 people in total (180 people indoors and 160 people outdoors). The kitchen is fully equipped to satisfy the appetite of even the most demanding guest offering gastronomic delights, inspired by both the Greek and the Mediterranean cuisine.

Bars

The two fully-equipped Bars are staffed by trained graduates of Bar Philosophy (Europe's premier bartending academy) who are ready to prepare the most amazing Cocktails at sea (and land). Of course, the live music will beautifully enhance the unforgettable view of the Saronic Gulf, the historic playground of the wealthy and mighty in Ancient Greece.

Safety equipment and comfort

*The ship is in compliance with the most modern international and European safety regulations having all the necessary equipment (lifeboats, navigation and communication instruments etc.) and consists of highly trained staff providing the guests with **a safe and comfortable journey**. The Stabilizers and Bowthruster, give us **flexibility, speed and stability** even in the most rough weather conditions.*



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Departure Point

Departure time from Congress Venue 7.30hrs sharp and transfer for the Marina Flisvou near the TAE-KWON-DO establishments.



Detailed schedule cruise

MARINA FLISVOU - HYDRA

Departure from Flisvos 08:00/ Arrival at Hydra 11:00

HYDRA - POROS

Departure from Hydra 12:30/ Arrival at Poros 13:30

POROS - AEGINA

Departure from Poros 14:20 /Arrival at Aegina 15:30

AEGINA- MARINA FLISVOU

Departure from Aegina 18:00 / Arrival at Flisvos 19:30

Staying time in each island

Hydra 1 ½ hour

Poros 50 minutes

Aegina 2 ½ hours

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HYDRA

A beautiful small island but so large in history and specificities that distinguishes among so many.

The role of island and the people during the revolution of 1821 by the Ottoman Empire and modern history makes Hydra one of the most popular touristic destinations.

Elegance, tradition and majesty. The architecture of the island has kept until our days, intact and inviolable by modern interventions, thanks to the sacrifices of all the Hydrants, who religiously keep this unique legacy that surrendered by their ancestors

The absence of any wheelset from the island, it is still uniqueness within so many others we meet in Hydra.

It is joy of God to walk carefree on cobblestone streets, enjoying the splendid mansions – forts, built by the great Hydrants ancestors, discover at every step churches full of history and seeing the unique blue sea, away from noises and normal smells.

For all these we travel you to this beautiful island and we promise you unforgettable moments full of relaxation and the feeling of free.



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POROS

Approach at Poros...

...by ship, from far we see standing in the highest hilltop the History Clock, between prickly and pines. From here the view of the harbor and the opposite coasts is excellent. Built in 1927, it's visible from everywhere and is the jewel of the city.

Poros is the island of peace, romance and relaxation. It is overgrown with pine trees which reach the rugged shores or the sandy beaches.

The people of Poros are like all islanders in Greece, spontaneous, decent and hospitable. The beach houses are large neoclassic in opposite with the two-floor houses at Brinia, Mylos, Pounta and Kasteli. The first houses were built in 1463 in the area around the Clock.

In the center of the town are located the Town Hall, the Archaeological Museum, the Exhibition Hall and Cultural events.

Among the narrow streets of Poros and the white houses, full of bougainvilleas, are found many taverns. Among the pier, the visitor sees lot of touristic shops, cafes, taverns and lot of bars with Greek and foreign music.

Leaving from the town Northwest is Progym, the first residence of Othona . There today's is the grading and the coaching of sailors. After school stadium a small canal separates Sfairia from Kalavria.

After the canal is the settlement that was first inhabited by refugees from M.Asia. Finishing the settlement and following the winding road among big pine trees, we arrive at the chapel of Agia Zoni, which is celebrated on July 2. Locatel between a canyon with trees and streams. Next we meet the chapel of Prophet Elias and finally the Palaces, in which is the Temple of Poseidon.

Today Poros with its traditional color, charm, cosmopolitan life and modern facilities is the ideal holiday resort.

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AEGINA

The mythological tradition wants Aegina to have taken its name from the nymph Aegina. The nymph Aegina was daughter of Asopos River and Metopis. The island before the arrival of nymph named different such as (Herodotus, Pindaros, Stravonas) Inoni, Inona or Inopiia. Zeus did with Aegina a son Aeacus, who from the wrath of Hera found alone on the island and therefore begged his father to transform ants in humans. That's how Aegina came with its first residents, the Myrmidons.

***The temple of Aphaia** exists on the top of pine covered hill in the northeast part of Aegina. It is the greatest monument that survives from the sanctuary, which was dedicated to Aphaia and seems to have built in a place that there was cult activity since Mycenaean age.*

Pausanias mentioned the myth Aphaia and identifies her with the Cretan goddess Vritomarti-Diktinna. The researchers believe that this goddess was adored in the temple. The Aphaia considered as the daughter of Zeus and land Crete. There were Diktina adored, as showed that had similarities with goddess Artemis.

According to legend, the nymph Aphaia persecuted by the Cretan king Minos and in trying to escape jumped into the sea, where a fisherman rescued her and took her to Aegina. From there disappeared (Aphaia =Disappeared) in the place where now stands the sanctuary.

When the atmosphere is clear, from the temple we see the Temple of Poseidon at Sounio and the Acropolis of Athens. The tree temples cobinate one triangle (the holy triangle of ancient times).

The church of St. Nektarios

In this grand Christian Byzantine church, is the silver tomb with the relics of St. Nektarios. Opposite the monastery can still be seen the ruins of the old capital, the medieval capital of the island where the local population were looking for shelter during pirate raids.

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OPTIONAL TOURS AND SIGHTSEEING

For even more in-depth exploration and discovery, we have created a special collection of extended land programs that is without equal.

During the warm months you will have the opportunity to swim at one of the most beautiful beaches of the Saronic Gulf.

On the island of Aegina you are offered the option of luxury, air-conditioned transfer bus to the archaeological site of the Temple of Aphaia and the Church of St. Nektarios.



Facilities within the ship

All the passengers can enjoy our complimentary freshly-prepared Mediterranean buffet lunch.

During the cruise live music is played by our orchestra so that our passengers can enjoy the beautiful seascapes along with background music and have fun dancing when the rhythm goes up.

Within the ship passengers can watch informative videos on the latest audio visual systems installed with large LCD screens.

In the Gift Shop on board, you can find all the necessary items you may have forgot to bring along, as well as souvenirs for your loved ones.

Mobile coverage and strong 3G signals are available so that while on board you will have the comfort to do as much or as little as you please.

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The buffet lunch on board

Chef is preparing fresh food daily, providing culinary delights inspired by Greece and Mediterranean cuisine. We select the best fresh ingredients and follow the strictest hygiene standards.

The ship's experienced staff is happy to prepare special meals according to your dietary requirements.

Lunch Buffet Menu

Starters:

Greek stuffed vine leaves (Dolmades)

Salads:

Chopped cabbage with grated carrot

Chef Salad

Freshly cut lettuce with fresh onion and anise

Greek salad with tomatoes, Greek feta cheese, Kalamata olives and oregano

Hot dishes:

Chicken bakes with garlic and paprika

Fish with dill and anise

Oven baked potatoes

Rice with mixed vegetables

Fresh Green peas

Bread Rolls

Desert

Menu is subject to change without prior notice due to seasonal availability of ingredients.

Extra virgin olive oil is used in all our dishes

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